

AUGUST 29-30 42 KM / 21 KM

JÖNKÖPING MARATHON 2025

Start-PM

Read through the whole thing at your leisure so that you have everything in order before race day.

Start times

30/8 Saturday - Jönköping Marathon & Half Marathon

Start: 10:00

30/8 Saturday - Jönköping Marathon RELAY 42K/21K

Start: 10:15

Start location: Munksjöbron (same as finish). The bridge

Bibs

Marathon-EXPO (start area, Kulturhuset SPIRA). The large BIB tent.

Friday: 29th august 14:00-19:00.

Saturday/ Race day: 30th august 07:00-09:00

Take your ID with you. If you wish to collect someone else's, bring a picture of their ID and your own.

To make the handling and fast and reduce the risk of queues, have your start number with you.

[See start number](#)

It is NOT allowed to run in someone else's name. Disqualification then!

The deadline for the name change has passed. Distance exchange is not possible.

Bag drop

NOTE: Bag drop-off takes place in **the Start area** at Munksjöbron during Saturday morning at 07:30-09:20. The bags are picked up at the same place after the finish. The last time for picking up bags is at 16.20.

Changing & Shower

Saturday August 30th

Fitness24Seven Västra Storgatan 12

Open 08:00-15:30

(There are two entrances. One at the travel center/Juneporten and one along the railway station).

Marathon-EXPO

Munksjöbron

[HOW TO GET HERE](#)

Start/Finish

Munksjöbron (in the city of Jönköping).

[HOW TO GET HERE](#)

Medical

The medical team consists of doctors, nurses and first aiders from the Red Cross. They will be available for you runners at the start and finish and be placed at all hydration stations around the course. In the finish area, there will be a manned medical tent with beds/stretchers and defibrillators.

All medics have RED vests.

Food

There is a food truck on site with very good food, ice cream cart, coffee cart and a lot of other things near EXPO.

Toilets

There are plenty of toilets at the start/finish and along the hydration stations on the track.

Parking Parking garage near the start/finish:

[Sesam](#)

[Atollen](#)

[Smedjan](#)

[Biblioteket](#)

[Östra torget](#)

A bit to go

[Hasse på sjökanten](#)

[Erik Dahlbergsgymnasiet](#)

Please note that the cost of parking also applies on Saturdays.

Award ceremony

Jönköping Half Marathon: 12:30

Jönköping Marathon: 13:00

Team competition: Contacted afterwards

Spring price, bridge – Mizuno: Contacted afterwards

RELAY 42K: 13:15

RELAY 21K: 12:45

Price only for first places at Jönköping Marathon RELAY 42K/21K

Enterprise-grade 1-3

DON'T MISS THE PASTA PARTY




WELCOME TO PASTA PARTY 2025 🥳!

Last chance to grab a spot.

The Hall of Mirrors is booked and a very nice event is expected. Interesting interviews, review of the course, energy scheme, shoes etc. and above all good food.

 14 August 29, 2025

 Arrival between 19.00 – 20.00

 Price: 205 SEK per person


Elite Stora Hotellet and Jönköping Marathon invite you to a lovely dinner the night before the marathon – the perfect recharge for all runners!

We serve a tasty pasta buffet with three different types of pasta and a large, fresh salad buffet. Of course, there are gluten-free and vegetarian options. A real energy boost that gets you ready to take on race day.

Come and recharge with us in a good mood and nice company!
Of course, it's not just for runners. Relatives are of course also invited.

👉 When registering, please state any allergies and special diets.

 14 Last day to register: August 23

 Notification: <https://booking.caspeco.net/se/bisbok/117>

Welcome!

Probably the best possible recharge after a wonderful time in Marathon-EXPO

Accommodations

ELITE STORA HOTELLET

JÖNKÖPING

All runners and exhibitors have subsidized prices with our partner.

In one of Jönköping's most beautiful buildings with a central location on the southern shore of Lake Vättern is Elite Stora Hotellet. The hotel has undergone an extensive extension and renovation and has a total of 167 rooms.

We want our runners, partners and exhibitors to have as good a recharge as possible for the big festival with runners from about 70 nations.

Elite Large Hotel offers a full 20% discount on the regular price as well as a small surprise waiting at the hotel for all competitors.

To book a room at a subsidised rate and take advantage of the offer:

[Click here](#)

Due to very high demand for accommodation with our partner during the event weekend, there is a very high risk that the hotel will be fully booked. Keep an eye out for any cancellations.

Distance from hotel to start/finish area (ca 900 m)



More questions?

FAQ 42K/21K: <https://jonkopingmarathon.se/en/faq/>

FAQ RELAY: <https://jonkopingmarathon.se/stafett/faq-stafett/>

As well as the participant information tab on our website. There you will find answers to ALL your questions. As we do not have the opportunity to answer questions via email during the race week as the whole team works along the course to ensure this year's festival.

GOOD LUCK!! See you soon!

You are a winner when the starting gun goes off. You get the reward when you run to the finish line.

This year there is a record number of runners from other countries. This year you will run to the finish line together with runners from about 70 nations.

Welcome to Sweden's most powerful finish line!

Jönköping Marathon & Half Marathon 2025

